Advice



RetractCenter | Listener -Connoisseur 2[®]

Listener Rating ****

Leave Message

A real-life therapist who gets on here only when free. Not accepting new requests due to busy

Number of	129	Progress Path	Step	Categories
Ratings:		0	308	Depression
Number of	59	Cheers	66,305	Managing Emotions ★ 🕄
Reviews:		People Helped	299	Work Stress
Listens to	Over 18	Chats	1,266	
	English	Chats	1,200	Bullying 🚖 🕄
Languages	English	Group Support	0	Eating Disorders ★ 🕄
	Jan 14,	Chats	0	0
Listener Since	2016			Panic Attacks

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Feedback & Reviews

Solution Very sweet and great listener! Helped me work through my issue and was very present and compassionate

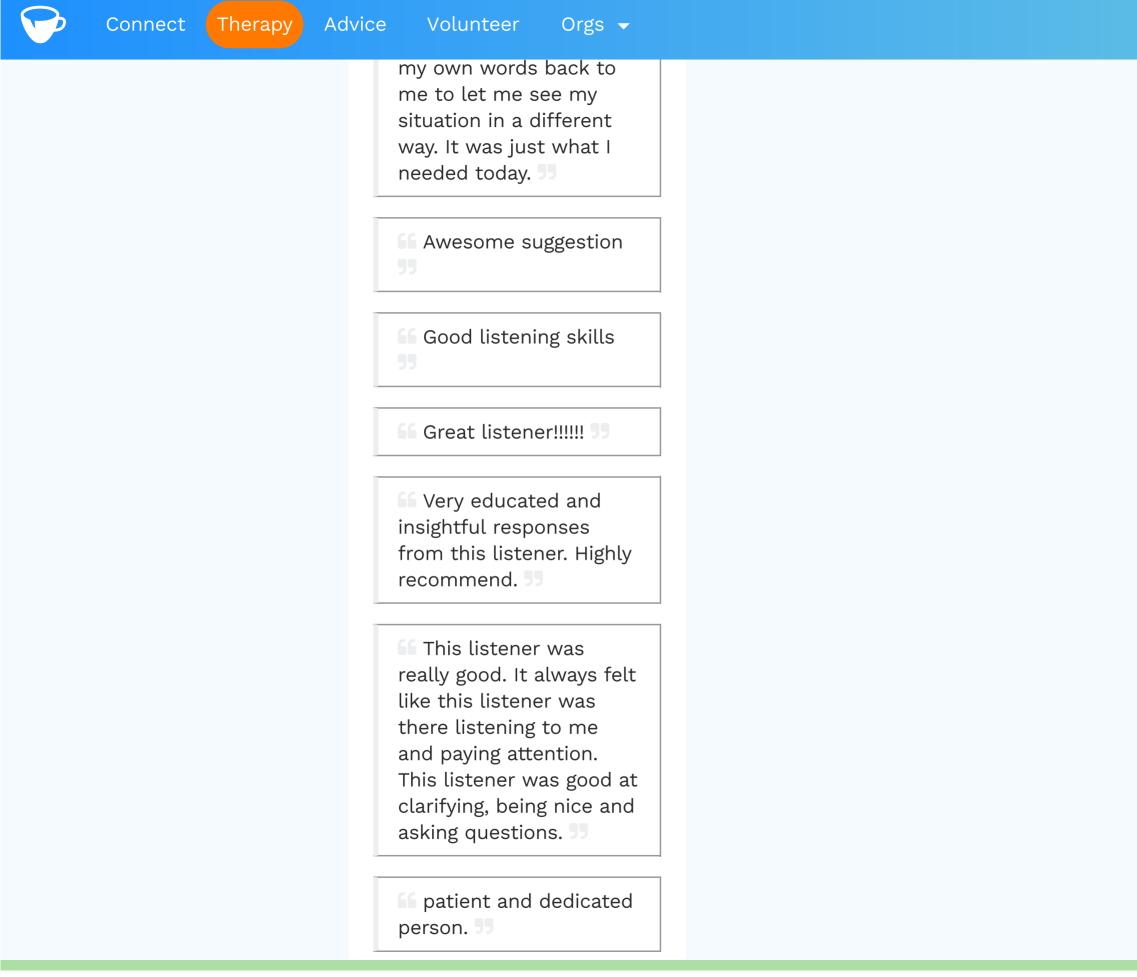
An amazing listener who helps you see the basics and understand what's important. Listens incredibly well and is a lovely person!

I love you, retract center, you ignite my original purpose!

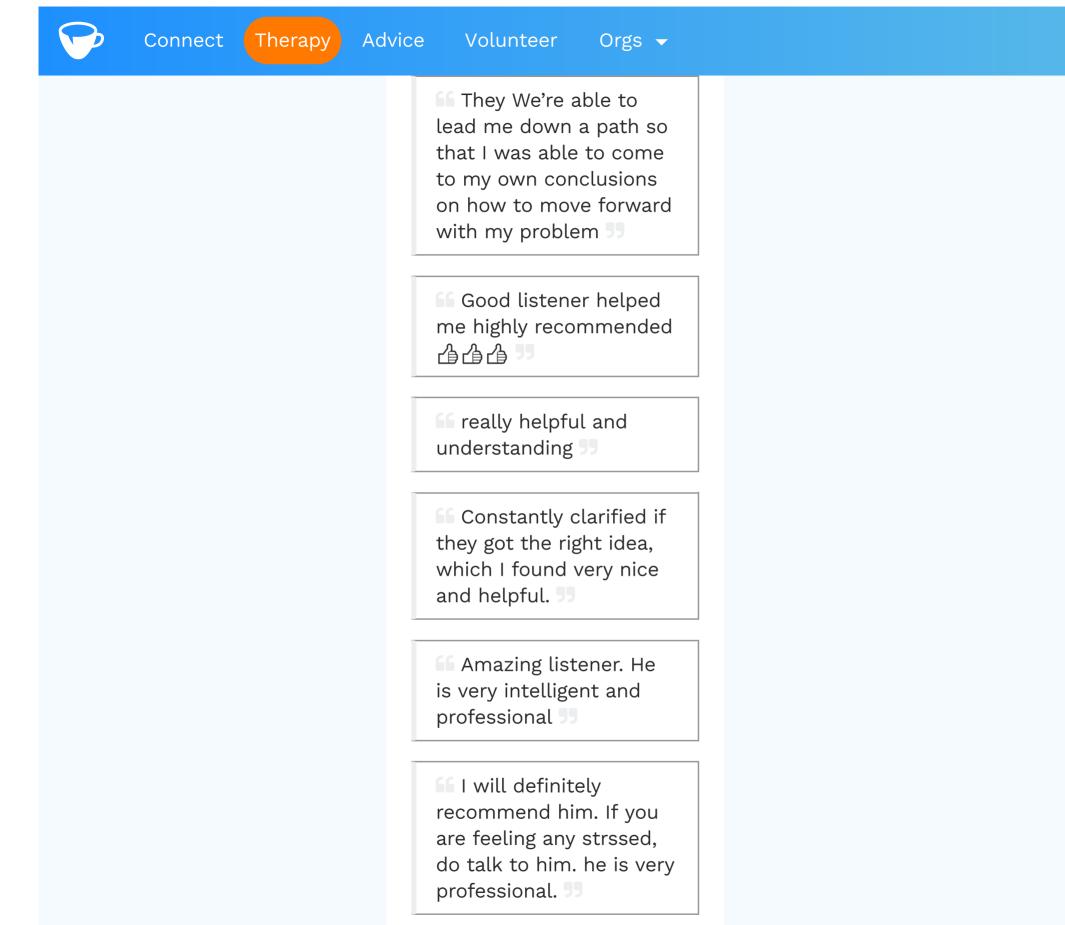
S gives great advice and listens very well 55

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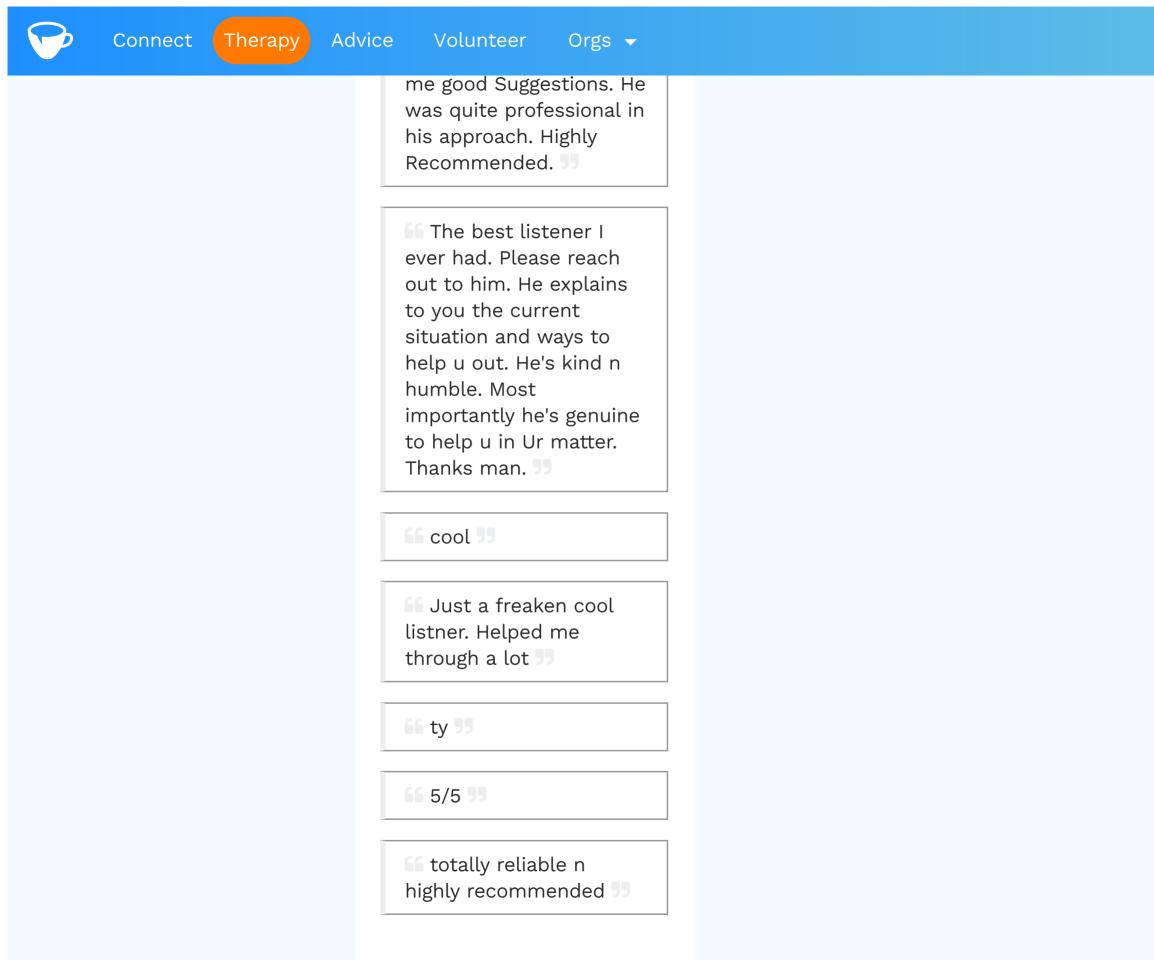














Connect	Therapy	Advice Volunteer Orgs 🗸
		55
		SS good help i would recommend :) 99
		he is excellent listener. he helped me a lot and spend lot of his time for me. thank you
		G Rohit is a really intelligent listener with helpful articles to share and thoughtful questions that leave you with answers to your own questions. 99
		<pre>wonderful listener :) </pre>
		Very good. Rapid,well-thought responses.
		GG Great, pertinent suggestions. Intelligent conversation. Helpful. 9

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Advice

StressedTamilian was probably the most helpful person I have ever spoken to here on 7cups, and that is saying quite a lot. He was very empathetic and knowledgeable. I came to the conversation very confused, but he helped me to organise my thoughts and see a way out of my problems. I am really glad I connected with him.

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opened my eyes on what really goes on in my mind and how it translates into my destructive behavior. I'm over that period when I needed someone to simply comfort me and listen to me. I need a change. I feel I'm ready. I've been reading, researching online, trying to analyze myself, but never have I ever had such an understanding as after our conversation. Thank you so much for being here on 7cups available to us who have no other chance to communicate with a professional like you. If you're not already, I'm sure you'll be an amazing and appreciated therapist, not only a listener. 🤊

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amazing ability to ask right questions and to guide. I feel much stronger and fit for fight :) This is incredible. Imagine, that your work can do that - to pick someone up and let them fly!

Thank you so much one more time for being there when there no one else to listen and to guide. I appreciate your help endlessly and it gives me strength and courage to move on. Forward to a brighter and better tomorrow.

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and also a caring human being who made time for a conversation with me. I not only enjoyed the conversation and the fact to have someone to listen to me but also appreciated wise questions and tips. I've got plenty of material to go through, think about and write down in my diary. Thank you so much!

he is amazing! the best!! i discuss all my problems with him! he is amazing!!

Very good listener and helper

Fantastic listener!!!! He makes you feel SO much better. :D 99

G HE IS SO WISE! he gets to the crutch of the problem and solves it!!

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Therapy Advice

he has been a great help in bringing my issues into perspective!

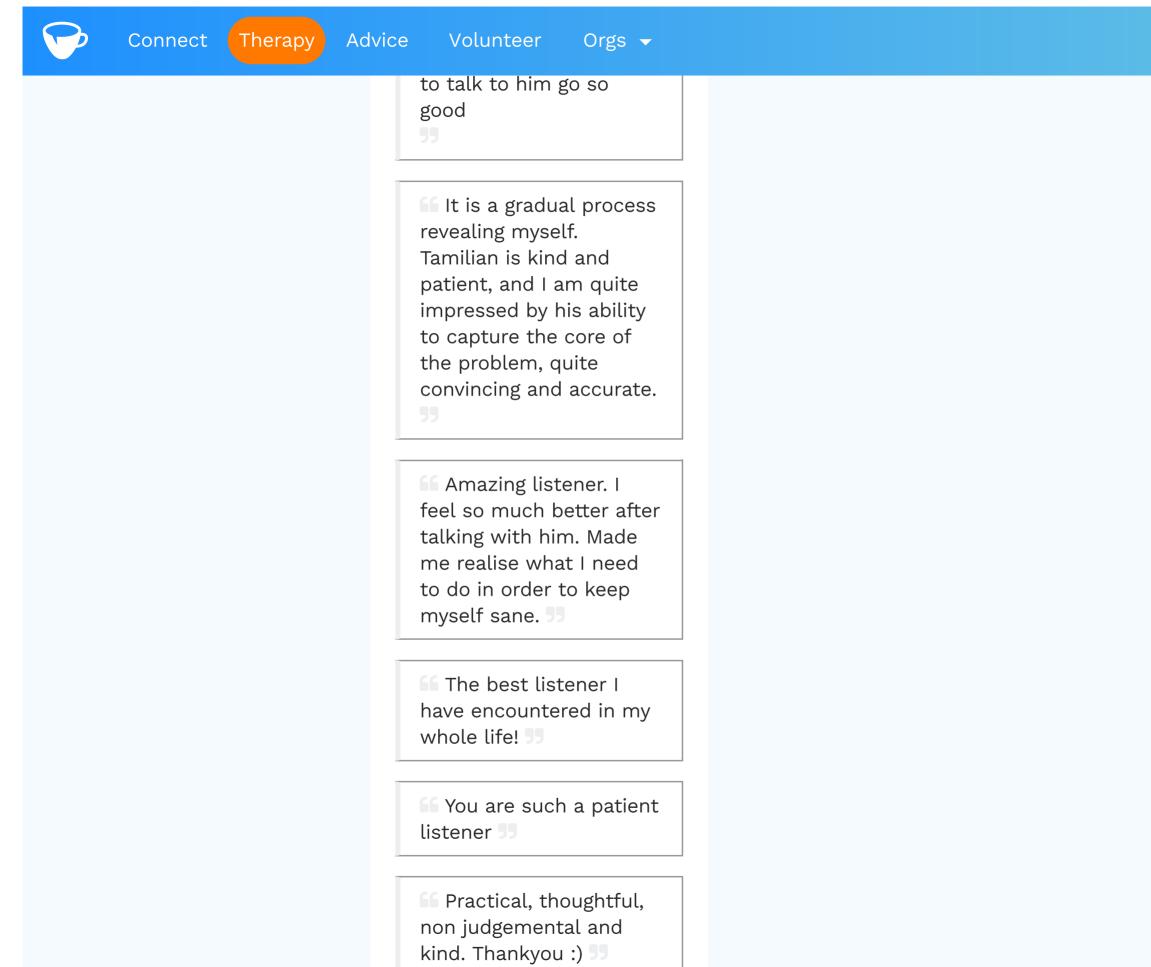
Solution He was so supportive and calm and just kind. It helped me so much. I really really really just needed someone to talk to and he assured me that my situation was going to be okay and gave me some ideas on how to focus on myself and the things I can actually control. It helped so much. Thank you so so much.

G Thank you for helping me and just being that listening ear I needed 99

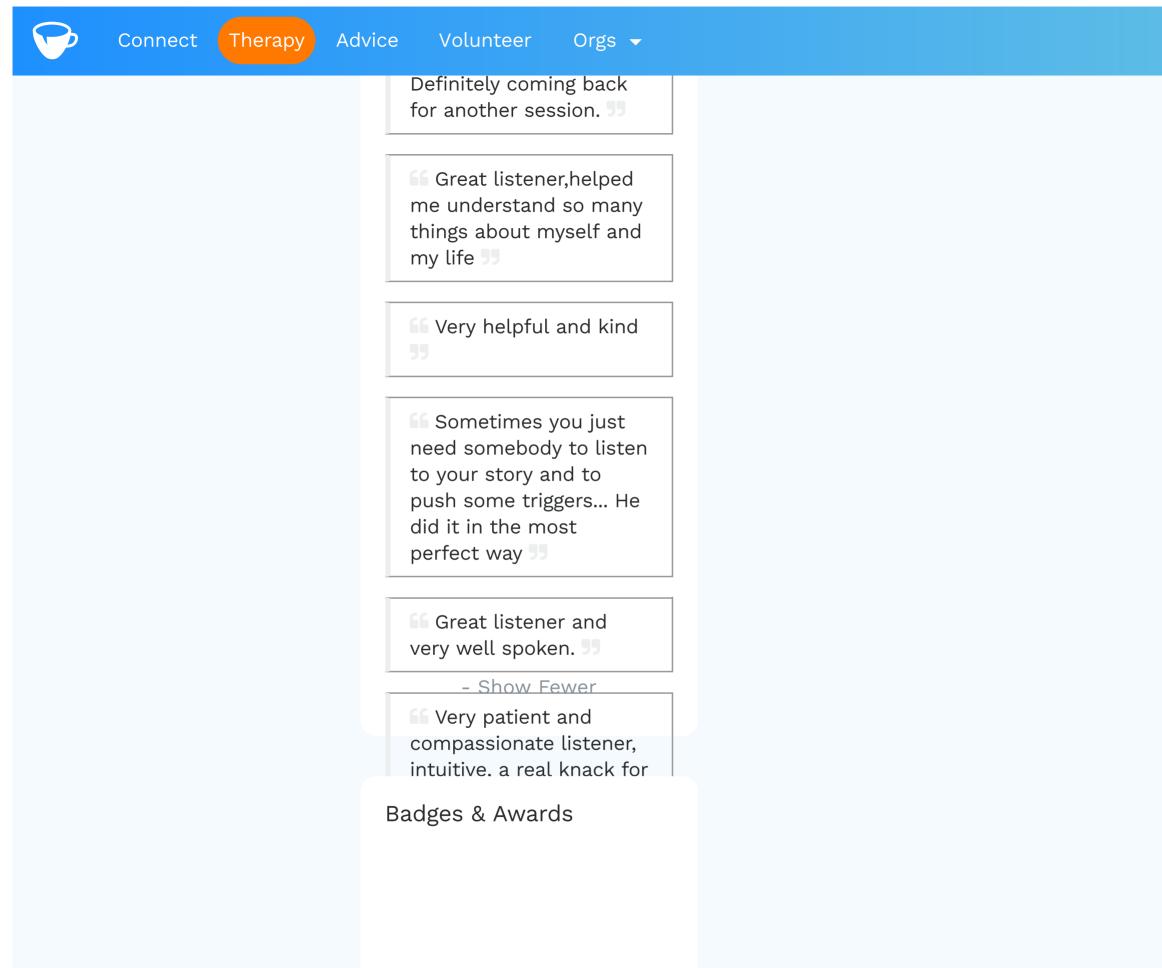
It is like he saw right into my soul and put word on problems I couldn't name. Thank you so much ! **99**

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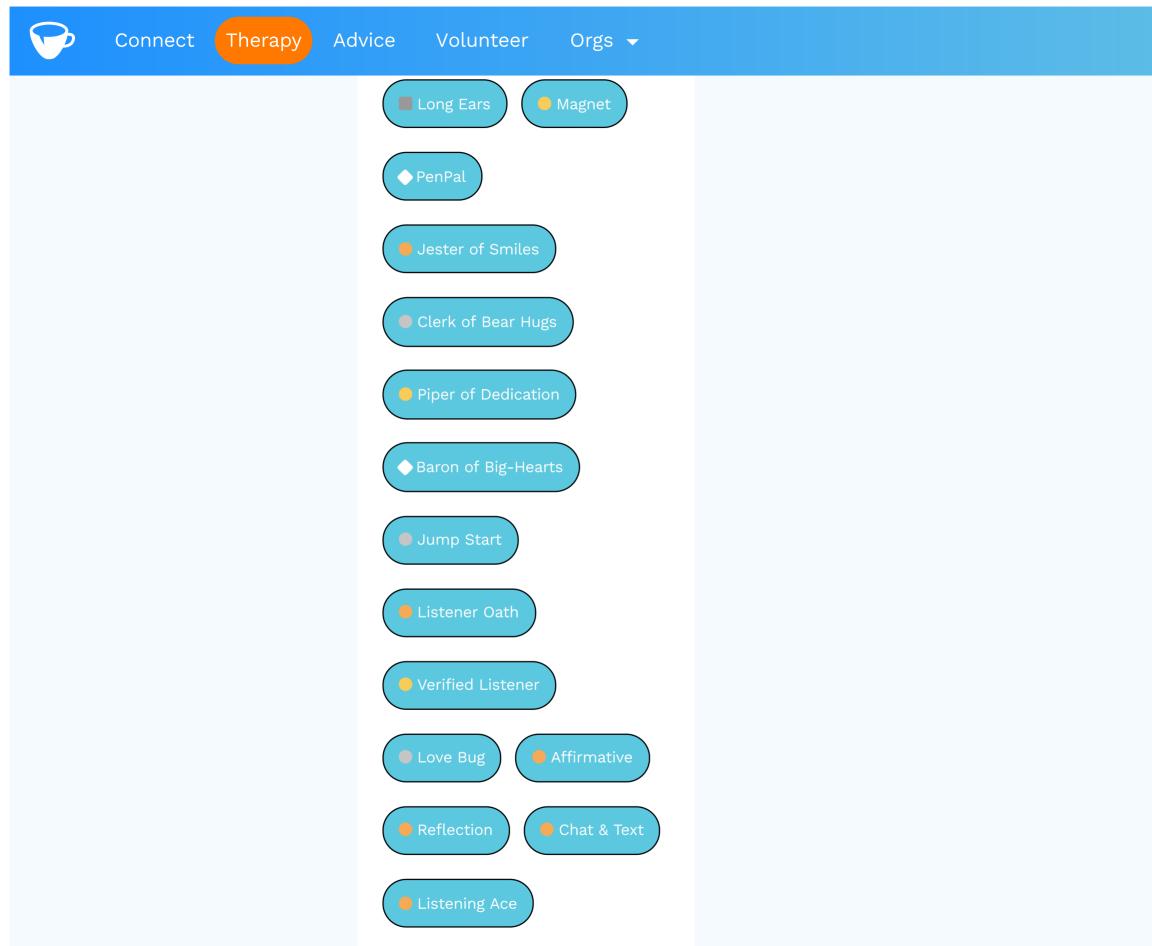




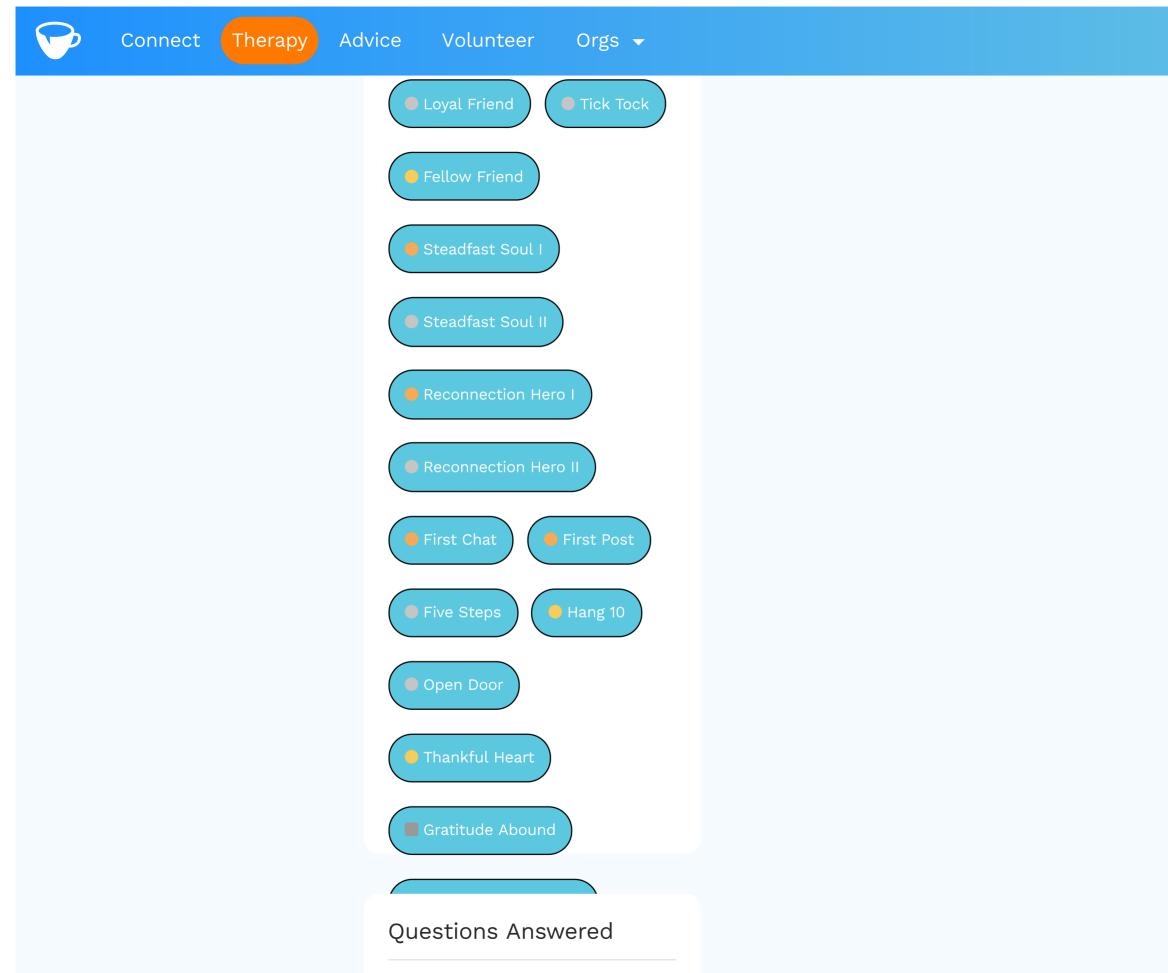
















February 3rd, 2016 7:22pm



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